



King County

Best Starts for



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Best Starts for Kids Implementation Plan Overview

Best Starts for Kids is an initiative to improve the health and well-being of King County by investing in **promotion, prevention and early intervention** for children, youth, families, and communities.

# Background

# Underlying Principles

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- Attention to disproportionality and multiculturalism is critical, and will be integral to how we focus investments.
- We will encourage innovative programs, built on the experiences of community partners and the needs and priorities of community residents.
- Investments in early childhood pose opportunities for *multi-generational* approaches, to capitalize on strengths within families and communities.
- We will build upon resilience and protective factors in children, youth and families across our County.
- We will emphasize promotion of positive development, relationships and community in addition to preventing negative outcomes and providing *early* interventions.
- Children and families will be connected with the resources and services they need.

# Adopted Equity: Children and Youth Advisory Committee

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- Equity is an ardent journey toward well-being as defined by the affected
- Equity demands sacrifice and redistribution of power and resources in order to break systems of oppression, heal continuing wounds, and realize justice
- To achieve equity and social justice, we must first root out deeply entrenched systems of racism
- Equity proactively builds strong foundations of agency, is vigilant for unintended consequences, and boldly aspires to be restorative
- Equity is disruptive and uncomfortable and not voluntary
- Equity is fundamental to the community we want to build

# Children and Youth Advisory Board

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Abigail Echo-Hawk

Barbara Langdon

Benjamin Danielson

Brenda McGhee

Brian Saelens

Calvin Watts

Casey Osborn-Hinman

Catherine Lester, City of Seattle

Debbie Carlsen

Diane Lowry-Oakes

Ed Marcuse

Enrica Hampton

Hye-Kyung Kang

Janet Cady

Janet Levinger

Janis Avery

Councilmember Jesse Solomon, SCA

Karen Hart

Katie Hong

Laurie Lippold

Leslie Dozono

Margaret Spearmon

Mark Pursley

Mary Jean Ryan

The Honorable Nancy Backus, SCA

Nancy Woodland

Rochelle Clayton Strunk

Roxana Norouzi

Sarah Roseberry-Lytle

Terry Pottmeyer

Terry Smith, City of Bellevue (retiring)

Trise Moore

Zam Zam Mohamed

# Theoretical Framework – 5 to 24

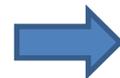
## Increase Promotive & Protective Factors

- Youth Resilience
- Social Connections
- Knowledge of adolescent development
- Concrete support in times of need
- Cognitive and social-emotional competence
- *Positive identity Development*
- *Physical Health*



## Reduce Risk Factors

- Psychological Stressors
- Inadequate or negative relationships with family members, adults outside youth's families and peers
- Insufficient or inadequate opportunities for positive growth and development
- Unsafe, unstable, inequitable environments



## Dynamic outcomes

### HEALTHY DEVELOPMENT & WELLBEING FOR YOUTH

- Physically and emotionally healthy
- Hopeful, optimistic, compassionate, curious, resilient identity
- Supportive family and social networks
- Ability to form and sustain caring committed relationships
- Success in school and workplace
- Service to community or society

# Expected Levy Revenue

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## Expected Revenue (in millions)

<b>2016</b>	\$59.5
<b>2017</b>	\$62.1
<b>2018</b>	\$64.9
<b>2019</b>	\$67.7
<b>2020</b>	\$70.3
<b>2021</b>	\$73.7
<b>2016-2021 TOTAL:</b>	<b>\$398.6</b>

# Youth and Family Homelessness Prevention

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- **Key components to the Program Model include:**
  - Client-centered intervention
  - Progressive engagement approach to case management
  - Flexible funding to prevent homelessness
  - Targeting approach to address the root causes of homelessness among youth and families
- **Technical Assistance RFP**
  - Awarded to Nonprofit Assistance Center
- **LGBTQ Awareness RFP**
  - Revelry Media was awarded the contract to support training to CBO's.
- **Services RFP**
  - 64 applicants and 27 agencies selected

<b>Build Resiliency of Youth and Reduce Risky Behaviors</b> , including investments such as: <ul style="list-style-type: none"><li>• Trauma-informed schools and organizations</li><li>• Restorative Practices</li><li>• Healthy relationships and domestic violence prevention for youth</li><li>• Quality out-of-school time programs</li><li>• Youth leadership and engagement opportunities</li></ul>	<b>\$17,290,954</b>
<b>Help Youth Stay Connected to Families and Communities</b> , including investments such as: <ul style="list-style-type: none"><li>• Mentoring</li><li>• Family engagement and support</li></ul>	<b>\$4,541,613</b>
<b>Meet the Health and Behavior Needs of Youth</b> , including investments such as: <ul style="list-style-type: none"><li>• Positive identity development</li><li>• School-based health centers</li><li>• Healthy and safe environments</li><li>• Screening and early intervention for mental health and substance abuse</li></ul>	<b>\$7,409,051</b>

## 5 – 24 Programmatic approaches

### **CBO's/Schools Partnerships:**

- Trauma-informed schools and organizations
- Restorative Practices
- School-based health centers
- Screening and early intervention for mental health and substance abuse (SBIRT)
- Healthy and safe environments
- Quality out-of-school time programs

### **Help Youth Stay Connected to Families and Communities**

- Youth and Family engagement and support

### **Youth Development**

- Youth leadership and engagement opportunities
- Positive identity development
- Healthy relationships and domestic violence prevention for youth
- Mentoring

## 5 – 24 Strategies and Programs

2017-2018  
Approved Budget

<b>Helping Young Adults Who Have Had Challenges Successfully Transition into Adulthood</b> , including investments such as: <ul style="list-style-type: none"><li>• Supporting youth to stay in-school</li><li>• Supporting Opportunity Youth to re-engage</li></ul>	<b>\$2,450,469</b>
<b>Stop the School to Prison Pipeline</b> , including investments such as: <ul style="list-style-type: none"><li>• Prevention/Intervention/Reentry</li><li>• Youth and Young Adult Employment</li><li>• Theft 3 and Mall Safety Pilot Project</li></ul>	<b>\$7,361,168</b>
<b>Outreach, TA and Capacity Building</b>	<b>\$895,920</b>
<b>TOTAL (5–24)</b>	<b>\$39,949,176</b>

# Measuring Success

# Evaluation and Accountability

Population Accountability				Performance Accountability		
BSK <i>contributes</i> to moving these markers				BSK is <i>responsible</i> for moving these markers		
What results want to achieve?	How do we measure our results?		Where are we now?	What will we do to help turn the curve?		How will we measure what we do?
<b>RESULTS</b>	<i>HEADLINE INDICATORS</i>	<i>SECONDARY INDICATORS</i>	<i>BASELINE DATA</i>	<i>STRATEGIES</i>	<i>PROGRAMS</i>	<i>PERFORMANCE MEASURES</i>

\* Based on Results-Based Accountability © Framework and Process

# Evaluation and Measurement

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The Implementation plan contains the framework for evaluation. A more specific evaluation plan will be written and submitted for Council review in July 2017. The elements of this framework include:

- **Headline and Secondary Indicators:** BSK will *contribute* to improving population (headline and secondary) indicators - for example, on-time high school graduation - not be solely responsible for them
- **Population-Level Evaluation:** Look at headline and secondary indicators over time, and by demographic characteristics such as age, gender, race, place and income
- **Performance Measures:** How individuals are directly served by a program. Negotiated with individual organizations. Can be looked at by organization and by aggregated program or strategy
- **Strategy Area and Program-Level Evaluation:** Strategy areas may also include evaluations to learn what impact was experienced by individuals
- **Evaluation Partnerships:** “Deep dive” for specific strategy areas
- **Measuring Policy, Systems and Environmental Change:** Details policy and system impacts, and lessons learned, about implementation of overall strategies

# Reporting

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The following reports and information dissemination methods are anticipated for the levy.

- **First Report to Council.** By the end of year one, the Executive will submit to the King County Council the first annual report.
- **Annual Performance Evaluation Reports.** Performance Evaluation Reports will be drafted and submitted to the Council annually, with the first report using data from calendar year 2017 and submitted by July 2018.
- **Dashboards.** Evaluation staff will develop dashboards that reflect key indicators of population results that communicate results quickly and visually. These dashboards will be web-based and accessible to stakeholders and the community.
- **Progress Reports.** Narrative mid-term progress reports will also be submitted during the first two years of the levy and may be continued as needed.
- **Other Products.** The data and evaluation team will work with the communications team and community partners to identify other meaningful products for stakeholders, such as success stories, infographics, and technical assistance related to data or evaluation findings for stakeholder presentations will also be considered.

# RFP Process

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- RFP's Rolled out over next 6 months
- Outreach, TA and Capacity Building
- Community Collaborations
- Current Status:
  - School-Based Health Centers
  - Safe and Healthy Environments
  - Trauma Informed Schools and Restorative Practices
  - SBIRT and School Based Behavioral Health Services
  - Out of School Time

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