

PASSING ON THE LEARNING

A COLLECTION OF PRACTICES THAT SUPPORT THE WHOLE CHILD

INCORPORATE IDENTITY DEVELOPMENT

Create time and space for youth to learn about and explore their families' history. Make sure you have ample time for questions and reflection. Connect and consult with mentors, educators, and elders who share similar backgrounds and histories to lead these sessions.

LET YOUTH LEAD

Ask youth for their opinions and how they would like to learn. Meet young people where they are at and give them opportunities to see how their efforts and voice can impact their communities.

CENTER RELATIONSHIPS

Focus on creating a safe and welcoming place for everyone by building in community agreements, relationship-building activities, and sharing stories. Continuously do this throughout your time together.

CONNECT WITH COMMUNITY

Create a community of learning for both families and youth. Reduce barriers by providing childcare, food, and a multi-lingual setting. Invite and include family in decision-making, programs, and events.

SUPPORT ADULT WELLNESS

Provide intentional time for staff to reflect, breathe, and center themselves as part of professional development. Offer self-care opportunities at work, especially for staff of color. In return, everyone benefits, including the youth.

FOSTER REAL WORLD CONNECTION

Create learning activities that incorporate relevant topics in youth's lives. Provide alternative ways for youth to reflect, communicate, and share their thoughts.