



Whole Child, Whole Day: Heart, Mind, & Body A Social & Emotional Learning Symposium

Mind Day, July 31, 2020
9:00 am – 1:00 pm

8:55 Arrival

9:00-9:40 a.m. Mind Opening Plenary

9:00 Welcome: *Hikma Sherka, Policy & Communications Coordinator, Youth Development Executives of King County*

9:05 Panel: For Us, By Us – A Chat on the Importance of Race, Identity, and Belonging

Conversation facilitated by Janell Jordan, King County Program Quality Manager, School's Out Washington

Vaudery Frelix Brown, Counseling Dept. Curricular Leader, Kent School District

Robert Daniel, Lead School Outreach Coordinator, Communities In Schools of Federal Way

Willie Seals III, CEO, The Academy for Creating Excellence (ACE)

ChrisTiana ObeySumner, Social Equity Consultant & Racial & Disability Justice Advocate, Epiphanies of Equity LLC

What does it look like to support a young person to be self-determined? Autonomous? Socially aware? How do adults support one's ability to thrive in a virtual setting? Join our panel to hear community and school leaders discuss their take on why intentionally centering *race, identity, and belonging* needs to be a foundational component in education and youth spaces.

9:35 Closing

9:40-10:00 Break & Transition to Workshops; Arrive at 9:55

10:00-11:30 a.m. Breakout Session B (4 options)

Each 90-minute session will be offered once.

B1. Culturally Responsive Teaching and Programming

Rahma Rashid, Youth Justice Program Manager, East African Community Services

In this workshop, attendees will explore marginalized groups and implications for change in the educational setting. We will examine the foundational elements of and approaches to multicultural education as the underpinning to the development of cultural competence. Attendees will increase their awareness of their own biases and experiences with differences; explore how power and privilege impact student learning; and learn how to infuse various teaching practices to foster a safe and inclusive classroom to maximize student potential.

B2. From Here to There: Leading Change & Transitions in Organizations

Karimah Stewart, Facilitator, Sound Discipline

Jody McVittie, Director of Strategic Partnerships, Sound Discipline

If the only constant were change, why do humans living inside organizational systems, resist change? It's because change signals danger to the primitive part of our brain, the part that's wired to keep us safe. This means that whatever "change initiative" you are leading has little chance of succeeding without addressing the impact of the deeply held organizational beliefs and stories that often thwart every change effort. If you are a part of an organization that is pushing for culture change towards trauma informed practices, equity, reducing exclusionary discipline, or any other change, give up the struggle. Learn tips on how to begin to engage in ongoing "change & transition" conversations in order to effectively shift your organizational culture.

B3. Paths for Change: Youth Counter Stories of Disengagement and Reengagement

Shelby Cooley, Director of Research, Community Center for Education Results (CCER)

Kanza Hamidani, Education Advocate, Northwest Education Access

Charles Lea, Assistant Professor, University of Houston Graduate College of Social Work

with Danika Martinez (Northwest Education Access), Nicole Yohalem (CCER), & Annia Yoshizumi (CCER)

"If they [teachers] really had an expectation, they would've helped a little more... I don't know, sometimes I even thought it was a racist thing." Nearly 2,000 youth in South King County are pushed out or leave high school without earning a diploma every year. When addressing the individual and systemic barriers that lead to disengagement, system leaders typically overlook insights from youth themselves. This workshop shares a project designed to amplify the experiences and voices of students of color who have been failed by the education system created to serve them. This cross-sector project team (non-profit, direct service provider and university) will share approach, methods and findings, including youth recommendations on how to create equitable learning environments that help them succeed.

B4. Ensuring Colorful Pages: The Spectrum for Multicultural Literature in K–5 Classrooms

Kaitlin Kamalei Brandon, Director & Founder, Colorful Pages

With current events in our nation, it is becoming more crucial to create an inclusive and empathetic K–5 classroom. In this interactive workshop, we will explore the use of multicultural literature to cultivate cultural empowerment and cross-cultural empathy in our students. Participants will leave the workshop with a knowledge of how to select and use multicultural literature for the classroom based on The Spectrum for Multicultural Literature and how to navigate Colorful Pages as a resource for racial equity.

11:30-12:00 Break & Transition to Closing Plenary; Arrive at 11:55

12:00-1:00 p.m. Mind Closing Plenary

SElect Trivia- Learning is Social & Emotional

Stacy Kain, Executive Director of Program Quality, Boys & Girls Clubs of King County

Hyam Elsharty, Social Emotional Learning Consulting Teacher, Seattle Public Schools

Play is “so important to optimal child development that it has been recognized by the United Nations High Commission for Human Rights as a right of every child.” Through play, we know that children and youth are able to build their sense of identity and sense of belonging as well as gain helpful strategies for fostering relationships, teamwork, and building community. Adults need play, too, especially during these uncertain and stressful times. Join us for a trivia game filled with learning and fun! We will explore concepts from today’s Mind theme, connect with our colleagues, and review the evidence base for SEL. Last but not least, there will be prizes!

Stay tuned for more inspiring sessions and learning on Body Day on August 7!